

International Patient's Personalized Medical Journey Plan

I. Diagnosis and Treatment Explanation

During the diagnosis and treatment of international patients, the medical team will provide comprehensive and clear medical information, including the pathological mechanism, treatment options, potential complications, and prognosis assessment. The healthcare institution must ensure that patients receive sufficient information to facilitate **informed decision-making**. Additionally, patients have the right to question medical procedures, and the medical team should provide professional, evidence-based responses to ensure transparency in doctor-patient communication.

II. Hospitalization Arrangements and Condition Management

For international patients requiring hospitalization, Cathay General Hospital will provide the medical rationale for hospitalization, along with a detailed explanation of the patient's condition, treatment plan, and expected course of care. Patients should be provided with hospitalization guidelines, at a minimum in English, which should include detailed information on the ward environment, patient rights and responsibilities, care plans, and contact information. All hospitalization-related information must be fully documented in the electronic medical record and adjusted as necessary based on the patient's condition.

Item	Description
Reason for Hospitalization	Record the patient's clinical indications and diagnostic basis for admission.
Condition Overview	Summarize the patient's current condition and treatment objectives.
Hospitalization Guidelines	Provide the patient with hospital regulations and rights to follow during their stay.
Treatment Plan	Explain the expected treatment approach and follow-up mechanism.

III. Patient Condition Monitoring and Treatment Plan Adjustment

During the patient's stay in Taiwan, the medical team will continuously monitor changes in the patient's condition and adjust the treatment plan accordingly based on the latest clinical evidence. If the patient experiences discomfort or unforeseen medical situations, the medical team will promptly initiate alternative plans and engage in multidisciplinary collaboration to optimize treatment outcomes.

IV. Shared Decision Making (SDM)

To enhance patient involvement in medical decisions, the hospital has implemented the **Shared Decision Making (SDM)** model, allowing patients and their families to fully understand treatment options and participate in the decision-making process.

SDM Process Step	Description
Identify Medical Decision Needs	The medical team identifies treatment-related decisions that require patient input.
Provide Medical Information	Based on medical evidence, explain available treatment options along with their risks, benefits, and uncertainties.
Understand Patient Values	Through interviews and questionnaires, assess the patient's priorities regarding different treatment options.
Discuss and Decide Together	The medical team, patient, and family members collaboratively evaluate the most suitable treatment choice.
Implementation and Follow-up	Ensure the decision is executed and adjust as needed during follow-up treatments.

This plan aims to ensure that international patients receive **high-quality, patient-centered** medical services at our hospital. By implementing a **transparent and evidence-based decision-making mechanism**, we enhance patient engagement and satisfaction, ultimately improving medical outcomes.