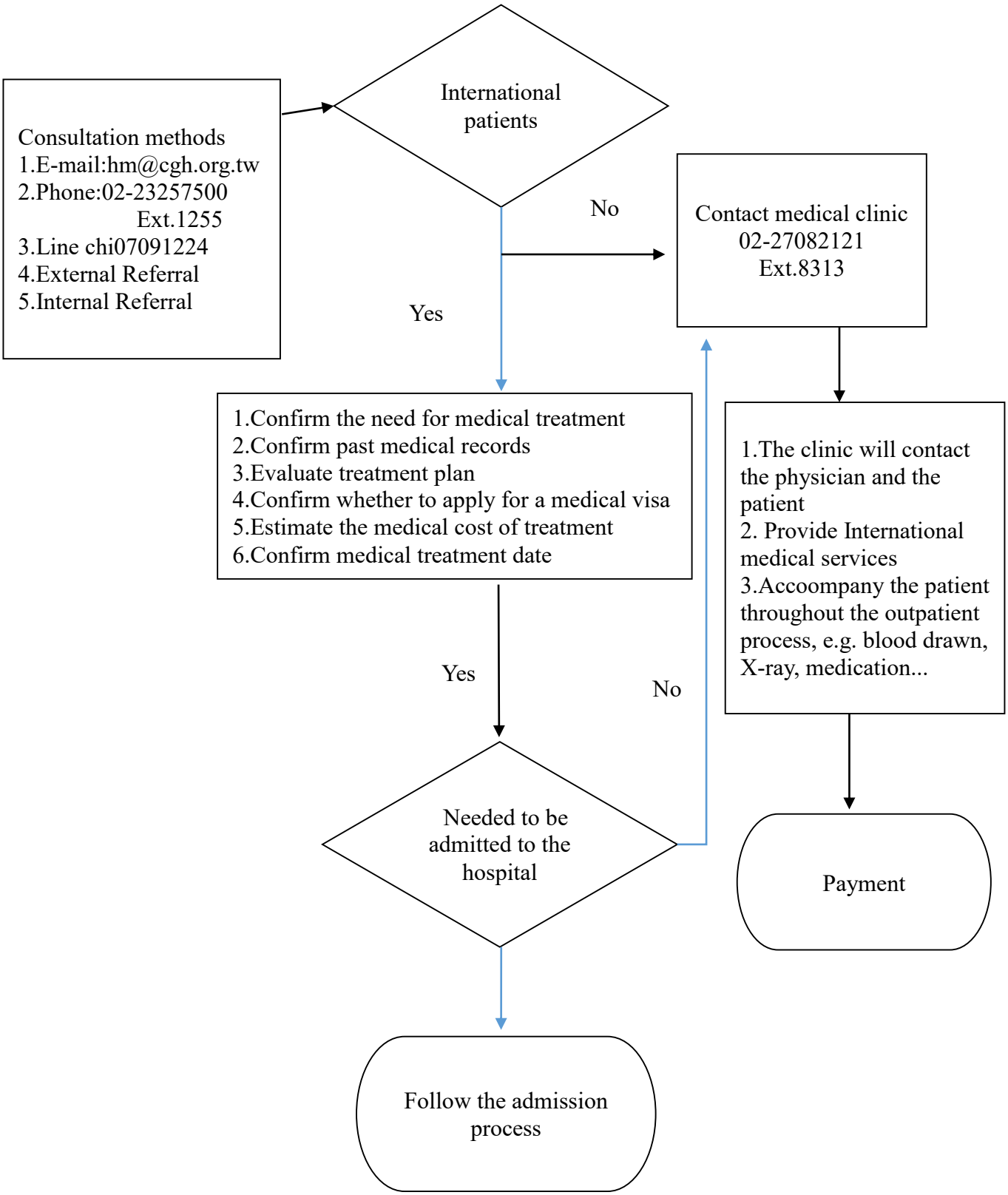Outpatient medical treatment process for international patients