

# Cathay General Hospital Discharge Plan

\_\_\_\_\_ Mr./Ms. Bed No. : \_\_\_\_\_ Medical Record No. : \_\_\_\_\_ Discharge date : \_\_\_\_\_

Diagnosed : \_\_\_\_\_ via  Diagnosis  Assumption

Reason  Stable  Emergency  Requested by patient or family  Other reason : \_\_\_\_\_

Our medical staff granted  Discharged  Transfer : \_\_\_\_\_

Transfer to other institution : \_\_\_\_\_

Recommended after care :  Outpatient revisit \_\_\_\_\_ month \_\_\_\_\_ day  Hospitalized during daytime

Home treatment  Home care  Community rehabilitation  Other recommendation : \_\_\_\_\_

## Sustained healthcare plan

Nursing instruction

Nursing instruction for sickness  Nursing instruction for daily self care  Medicine/management tips

Wound care instruction  Bed sore instruction  Others : \_\_\_\_\_

Medication instruction

Allergy to medicine :  Yes  No

Medication instruction :  Yes  No ( Object :  Inpatient  Family  Care giver  Others \_\_\_\_\_ )

Content of instruction :  Effect of medicine  Side effect of medicine  Things to watch out for

Others : \_\_\_\_\_

Nutritional instruction

Diet education :  No  Yes ( Object :  Inpatient  Family  Care giver  Others \_\_\_\_\_ )

Content of instruction :  Low sugar  Low salt  Low fat  Low protein  Others

Others : \_\_\_\_\_

Rehabilitation instruction

Accessory devices :  Rehabilitation equipment  Wheel chair  Cane  Walking aid  Toilet chair

Hair washing sink  Shower chair  Others

Others : \_\_\_\_\_

Social service instruction

Assistance in applying for auxiliary medical care related expenses

Reinforce tracking and coaching after discharge

Management of barrier in internal/external resources

Doctor/patient relationships and care for the family members

Refer to government or social service agency

Coordination of questions on insurance application

Assistance in qualifying for social welfare application

Assistance and applying for related subsidies and auxiliary

Planning for installment and care-giving after discharged from hospital

Coordination in calling a medical presentation

Assisting in understanding medical questions

Emotional support and psychological guidance

Arrange for home visit

Counseling on long term care resources

Family relationship coordination and management

Assistance in admission/discharge procedure

Explanation on questions regarding social

Others : \_\_\_\_\_

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The patient is released from this hospital after the assessment of our medical professional group. In order to provide patient with sustained medical care, this discharge plan is put in place to offer instructions for sustain medical care and assistance. The content of this plan has been explained to the patient and his family, and it was well understood and agreeable by same.

Doctor : \_\_\_\_\_ Nurse : \_\_\_\_\_ Department Tel : \_\_\_\_\_

Patient : \_\_\_\_\_ Patient's family : \_\_\_\_\_ ( Relationship to the patient : \_\_\_\_\_ )

Republic of China

Year

Month

Day